

Summer's Almost Here....

The Commerce Parks and Recreation Department has announced its schedule of summer activities for the benefit of the youth of the community.

The conduct of most activities listed is contingent upon sufficient interest shown through registration. Unless otherwise specified, registration for all activities listed may be made at the Recreation Office at American Veterans Memorial Park on Carson Street from 1:00 until 5:00 p.m. weekdays. Registration for each activity will be taken on a "first comes" basis until filled.

PLEASE CALL THE RECREATION OFFICE FOR ADDITIONAL INFORMATION.

706-335-3236

Any updated information will be posted on the Commerce city government website at www.commercega.org

AQUATICS

Recreation Swimming

The American Veterans Memorial Park Aquatics Center will be open to the public on Monday, May 25 at 1:00 p.m. through Friday, July 31 at 5:00 p.m. Weather permitting; the pool will be open Monday through Saturdays from 1:00 until 5:00 p.m. and closed on Sundays. Daily admission is \$ 1.50 for pre-school through high school youth and \$ 3.00 for adults. Season passes for individuals and families are available at the Recreation Office.

The pool is available for private party rentals on Saturday evenings in June and July. Please call the office at 706-335-3236 for information.

SPECIAL NOTES: There is no wading pool available. Young children not potty trained must wear air tight rubber pants or diapers designed especially for swimming. All children age eight and under must be actively supervised by an individual age 16 or older.

You must wear a swimsuit to enter the pool. NO STREET CLOTHES WILL BE ALLOWED.

Competitive Swimming

TIGER SHARK SWIM CLUB

The Tiger Shark Swim Club is an outstanding summer youth sport. This activity requires much dedication and hard work, but the opportunity to excel is well worth it. The club is composed of two basic divisions.

The “Minnows” group is designed for 5 and 6 year olds and functions as the entry level activity of the swim team. To participate, a child must turn 5 years old prior to June 1, 2009 and must have successfully completed swim lessons before registering for minnows. Entry into North Georgia Swim League competition is optional.

The swim team includes youth ages 7-18 who already know how to swim. Participants in this group must be 7 years old prior to June 1, 2009. Entry into the North Georgia Swim League and the GRPA District Swim Meet is optional. Team members also have the opportunity to qualify for the GRPA State Swim Meet.

Registration groups: Commerce City Residents - \$ 70.00. Non-Residents - \$ 90.00. Deadline to register is May 29, 2009.

LEARN TO SWIM CLASSES

Our swim instruction program this year for 3 and 4 year olds will be a five-day session. The session is scheduled June 29 – July 3 with daily one-hour classes beginning at 9:45 a.m. Registration is open on an “first come” basis until enrollment is filled. Registration fee: Commerce City Residents - \$ 40.00. Non-Residents - \$ 60.00.

Two separate eight-day sessions are available for children ages 5-12 who do not know how to swim. The first session is scheduled June 1-10 (weekdays only) and the second session will follow on June 15-24 (weekdays only). Daily starting

time is 9:45 a.m. for a one-hour class. Registration is open on a “first come” basis until enrollment is filled. Registration fee: Commerce City Residents \$ 50.00. Non-Residents \$ 70.00.

WATER AEROBICS

This activity is a water exercise class for adult men and women in general, but it is particularly beneficial to individuals with arthritis, muscular disease, osteoporosis, heart disease, and recovery from joint replacement as well as other disabling injuries. Water aerobics strengthens all muscles and joints without the stress, stiffness and soreness which accompany land exercise programs. Workouts will require participants to use their arms, legs, hips and neck and will elevate the heart rate through the buoyancy of the water.

Experienced Water Aerobics Instructor Sharon Pruitt will lead the class on Mondays, Wednesdays, and Fridays at 11:00 a.m. beginning Wednesday, May 27. The class will be ongoing through early August. Cost is \$ 3.00 per class at the gate. No advance registration is required.

No children will be admitted to or allowed present during class.

CAMPS

“CHAMP CHANEY” Basketball Camp

The Parks & Recreation Department is offering a basketball camp for children who feel like basketball is “their thing”. This camp will stress the very basic fundamentals of the game and thus strengthen any player’s foundational skills.

Former Commerce Middle School coach, Sam Chaney, will serve as the instructor. Not only did Mr. Chaney coach school teams here for 31 years, he also served for seven years on the staff of instructors for a basketball camp managed by former LA Lakers player Tracy Murray. Coach Chaney is an excellent teacher of the basics of basketball.

Designed for girls and boys who are rising 4th graders through rising 8th graders the camp will run 10:00 a.m. until noon July 20-24 at the Middle School gym. Registration will be limited.

Registration fee: Commerce City Residents \$ 40.00, Non-Residents \$ 60.00.

TIGER SOFTBALL CAMP

This camp for girls who are rising 3rd graders thru rising 8th graders is scheduled for May 26-29 from 6:00 to 9:00 p.m. daily. Players will be taught the fundamentals of fielding, hitting, throwing, and base running. Participants must bring a glove, hat, cleats, and a bat. Everyone will receive a camp T-Shirt.

Instructors will be composed of Commerce High School softball coach Pam Canup, CHS players, and former CHS players.

The registration fee is \$ 60.00 with a non-refundable deposit of \$ 10.00 due by May 15, 2009. Make check payable to Pam Canup. The balance will be due on May 26, 2009.

TIGER BASEBALL CAMP

For youth ages 9-14 this activity is scheduled for June 8 – 11 from 9:00 a.m. until noon daily. Players will be taught the fundamentals of fielding, hitting, throwing, and base running in a fun atmosphere. Players will be placed in groups according to age and ability. They must bring a glove, hat, cleats, and a bat. Everyone will receive a camp T-Shirt.

The staff of instructors will be composed of Commerce High School baseball coach Stevie Cottrell, along with Ricky Woodruff of the Commerce Parks and Recreation Department and Nick Ladd.

The registration fee is \$ 60.00 with a non-refundable deposit of \$ 30.00 due by Friday, May 29. The \$ 30.00 balance is due on June 8.

TIGER BASKETBALL CAMP

For boys ages 5-14 this activity is scheduled for June 2 - 4 from 9:00 a.m. until noon daily. Players will be taught the fundamentals of basketball. The camp instructor will be Commerce High School basketball coach Chad Bridges. The registration fee is \$ 40.00

To pre-register, you may call coach Bridges at 706-654-6820.

Lady Tigers Future Stars Summer Basketball Camp

For girls in rising 3rd through 8th grades This activity is scheduled for June 15 – 19 from 9:00 a.m. until noon daily.

Coaches will stress the fundamentals of basketball and work individually with the participants to improve their skills in basketball. Coach McCurley has vast experience and knowledge of the game of basketball. He has won four state championships and coached teams at Gardner-Webb University. In addition, the girls will receive instruction from college players that will visit the camp. The Lady Tiger coaching staff will stress ball handling, shooting techniques, passing and defensive skills. The participants will be grouped by age and ability. Included in the fee is a camp t-shirt and awards that will be given for competitions. If you want to improve your game, learn basic fundamentals, work hard and have fun, sign up for the Lady Tigers Future Stars Camp. Camp will be limited to the first 50 girls to sign up.

Registration fee is \$ 50.00 per camper.

To pre-register, you may send an email to:

emccurley@commerce-city.k12.ga.us, or to

bcook@commerce-city.k12.ga.us

Also, to pre-register you may call coach Barry Cook at 706-490-0067.

FALL ACTIVITIES

Mark your calendars for the following Fall Activities and Registration Dates:

Flag Football and Cheerleading

ages 6 – 8

Tackle Football and Cheeleading

ages 9 – 12

Soccer

ages 4 and up

Registration for these activities will be conducted July 13 through July 31.

PARKS & FACILITIES

AMERICAN VETERANS MEMORIAL PARK

Located on Carson Street, just two blocks off US 441 Business, this is Commerce's largest park housing one softball field, two baseball fields, a batting cage, four tennis courts, a swimming pool, a playground lot, and the Parks & Recreation Administrative Office. The pool hosts numerous activities in June and July (see "aquatics" section) and all other facilities are open for free play when not scheduled for organized activities or maintenance.

WILLOUGHBY PARK

Located on Clayton Street only two blocks from the heart of Commerce, Willoughby Park is set in a beautiful wooded area. It is a passive park dedicated primarily to picnicking. The picnic shelter is available for group reservations on a "first come" basis. Call the Recreation Office at 706-335-3236.

RICHARD RIDLING PARK

Located on Shankle Heights, three blocks east of the Commerce Cultural Center, Ridling Park is a two-field athletic complex. These fields are available for free play when not scheduled for organized activities or maintenance.